

ANNUAL REPORT ANNUAL GENERAL MEETING JUNE 20, 2017

Thank you for joining us at the AGM or by reading our Annual Report.

It is with pleasure that we report that Mary Centre is fortunate to continue to have the financial support from a variety of sources, which include, the province of Ontario through both the Toronto and Central offices of the Ministry of Community and Social Services, the Ontario Ministry of Housing, Catholic Charities/ShareLife and our many dedicated donors. We thank you for your continued support and look forward to our partnerships and gaining new friends.

The increase from Catholic Charities to our base budget is appreciated as it enables us to meet some increased costs related to maintaining operations without needing to take other measures. We hope your efforts in this area will continue and, perhaps, enable our other funders to see the importance of such an investment.

The Ministry of Community and Social Services and all Service Providers continue to focus on Transformation. The Transformation agenda will bring additional enhancements and other modifications to our sector. With progress comes change and with change comes alterations to methods of operating. As we progress through the Transformation process the increased requirements, along with other contributing factors, will require Mary Centre to review and likely alter both the current operational structures and required human resources of our present administrative supports.

As you may recall from our AGM last year we worked with the Barnes Management Group to assist us in developing our new Strategic Plan. The Strategic Plan was completed and can be viewed on our web site. To guide our focus, over the next period of time, we completed a list of objectives and assigned leadership and time targets. Some work has begun and further analysis will be occurring to ensure, that based on a number, of changes in our Developmental Services Sector that our priorities and both timely and reflect the needs of our community.

We extend our appreciation to everyone who assisted us in the creation and development of our Strategic Plan.

In January, of this year, Mary Centre formally relocated to our new site. The work on this project by the Board of Directors, led by the President, Graz Palumbo, was invaluable. We are now finishing the project and look forward to our involvement in our new local community.

During the past year we have been very involved in seeking opportunities to expand our services to other parts of our communities. Our involvement within Peel Region has seen us having new hope that our previously submitted proposal to operate Respite Programs in Peel will eventually gain financial support, we partnered with five (5) other Peel community partners to seek funding from the Region of Peel as part of the provincial Homes for Good project. If accepted Mary

Centre would be part of an expansion of supported housing units in Peel and we are excited to be part of this submission, we have expressed a willingness to provide support for Peel's Transitional Aged Youth and we are moving forward to explore these opportunities. Within Toronto and in partnership with Reena we were fortunate to be selected for Employment and Modernization Funding that will, over the next two(2) years, enable us to be involved in a project entitled " Successful Aging-Frailty, Transition and Inclusion into Senior Services". This project will assist us and Reena to update an existing Transition Guide that we were previously involved with in creating, having a demonstration project so as to test the Health Care Access Research and Developmental Disabilities (HCARDD) Frailty Index and then to determine if our interventions will assist seniors in reducing frailty risk factors so that seniors may remain independent for a longer period of time.

We successfully, completed the Ministry of Community and Social Services Compliance Inspection process and have introduced Core Competences, which is a Provincial Developmental Services Sector, initiative that will enable our Direct Support, Middle and Senior Management employees to focus on addressing accepted competencies and standards based upon current abilities and future aspirations with all other participating agencies across the province.

The number of community partners Mary Centre is involved with continues to transform based upon the needs of both the community and the people we support. We will continue to look for opportunities that support our values, mission and enhance our services.

We, again this year, completed a significant survey of the people and families we support. The feedback we received is greatly appreciated and will be discussed during the Annual General Meeting. Thank you to everyone who participated.

We would like to express our well wishes and appreciation to the many individuals and families that continue to enable us, at Mary Centre, to have the privilege of being a part of your lives. In addition, we would like to acknowledge and "thank" all the dedicated employees and volunteers that provide the stable foundation within Mary Centre.

This past year the members of the Board of Directors were very active and supportive in a number of the previously mentioned activities. Their guidance on matters was greatly appreciated and their leadership work on establishing new Governance Policies will assist new Board members in the upcoming period of time. Thank you to all the volunteer members of the Board of Directors.

We would be amiss to not recognize a few 2016/17 points of interest and we thank each of the Directors, Denise Tremblett, Terry Elliott and Tracey Berman for their contributions to this Annual Report.

Toronto

Residential

In the Residential Programs the individuals have continued to attend their programs in their community. They attend day activities at Bendale Acres, Warden Woods, Variety Village, Birchmount Community Centre, Senior Link, Fairfax Day Program, St. Bernard's and the Salvation Army Thrift Store. One of the individuals at Whitecap had the opportunity to go see Kelly Clarkson live at the Amphitheatre at Ontario Place. The same individual got a job delivering the Scarborough Mirror in his neighbourhood. An individual was successful in achieving his goal of Carrying the Cross at church on Sundays. An individual from Redcastle was able to go to Vancouver for Easter to visit his sister. His sister had to write a paper on a person with a developmental disability who has inspired her. She wrote about her brother so when he was in Vancouver he spoke to a group of Teachers who teach individuals with developmental disabilities. He spoke about his life and his experiences. He is so proud about this opportunity. An individual went on a cruise to the Bahamas. This year some of the individuals living in the Group Home have received Passport Money which will help pay for the programs that they attend in the community. Also one individual who presently lives in the group home would like to live in her own apartment so the passport money will be used to help her develop the independent skills needed to live independently.

This year we were saddened by the deaths of Margaret Foster and Isla Humphries. Margaret was the first individual to become part of Mary Centre when she moved into Leyton when it opened. She was a great part of her community, especially at her Faith Community Fallingbrook Presbyterian Church. Isla was also one of the original individuals who moved into Whitecap when it opened. The thing Isla loved to do the most was go to the Mandarin and eat Chinese food. Both ladies had a lasting effect on the people they meet and we all want to pay tribute to their lives. They will both be greatly missed. With two vacancies at Leyton, we were able to find two individuals who will definitely be a great addition to the living arrangements. We looking forward to working with both individuals. We still are facing aging issues with the individuals in the homes, and we continue to provide the necessary supports to help them to continue to live in their home environment as long as possible. We are presently planning for Long Term Care Placement for one individual.

This year we received funding to purchase an alarm pad for an individual who is at risk of falling out of bed. We were also able to upgrade the Fire Alarm Systems at Leyton and Redcastle. At Whitecap we were able to replace leaking windows in two of the bedrooms.

East York SIL

The individuals in the East York SIL program have continued to maintain living independently with staff support. They are so proud to call their house their home. It belongs to them and they continue to say how blessed they are to have Mary Centre helping them to live in their home. They have been able to have some work done on their home this past year. New stairs to the front of their house. A new furnace and air conditioning. They love to have people come and visit with them. They are very gracious hosts. They continue to plant a vegetable garden in their backyard and are very proud of the fruits of their labor. They are on the wait list for Passport Funding.

Integrated Seniors Program

The individuals in the ISP program are continuing to engage with the community through leisure activities of their choosing such as fitness programs, community park walks through parks and rec, utilizing the public library and outings which include the zoo, Centre island and high park to name a few. There are a couple of individuals who participate in board games at a cafés. One of the individual's in the ISP program celebrated his 90th birthday in the past year. What a milestone. He is still very active, attend mass regularly and is an excellent Jenga player. This year we were able to increase the Integrated Seniors program by one individual. The staff work with individuals who live in their own homes or live in Long Term Care Facilities. Within the Long Term Care Facilities, Mary Centre Staff help the individuals attend programs in the facilities. Toronto is a great city and it has a lot of festivals and recreation and leisure activities that individuals can participate in for a low cost to free. Some programs are drop in or instructional programs and our individuals take advantage of what the city has to offer.

Community Support Program

In the Community Support Program the individual have been working on academic and literacy skills. Individual has a volunteer job stacking shelves at Habitat for Humanity. There was an individual who left the Community Support Program last August, but is returning the end of June as they now have received Passport Funding. In this program the group goes on cuisine ventures, accesses the public library and uses the general interest program such as guest speakers, arts and crafts, movies and other general interest topics.

Respite Programs:

One to One Respite Family Relief Providers Program –

This program continues to grow with the new and additional enhancements to the passport funding from the Ministry of Community and Social Services. Individuals' and families are

working with Mary Centre's Direct Support Professionals to develop individuals plan to enhance their respite experience.

Mary Centre continues to match new Individuals to a skilled Direct Support Professionals who provides one to one respite support, guidance and supervision to individuals living at home or in the community with a caregiver. (Toronto and Peel Region).

Last year the Respite Support Professionals have been able to assist several individuals to obtain volunteer positions within their community, secure employment as part of the Individual's goals, learned computers skills and how to send e-mails, while other individuals have been focusing on their overall health and have been going to the gym.

St. Bernard's out of home residential respite program –

Mary Centre's Out of home respite care program continues to be very busy. As part of Mary Centre's commitment to the community partnerships the respite care program supported two individuals through the "Urgent Response Process." With the support of the Mary Centre's Direct Support professionals these two individuals are being supported while coping with some health concerns as well as developing skills that will assist them in their search for permeant housing.

The remaining four beds at St. Bernard's have been utilized by individuals and their families who continue to develop respite plans for the year to come. This program has seen a shift in utilization from the weekend being the high volume usage to Monday to Friday as the most popular respite dates.

Last year the Individuals who participated in the respite care program enjoyed several community outings, to the movies, beaches, festivals and historic sites around Toronto.

The "Day Away Alzheimer's/Dementia" Day Program

This program is in partnership with North York Senior Centre and the Ministry of Health's Central Local Health Intergration Network, our Day Away Day Program focuses on providing an environment that is stimulating and caters to the personal growth of the individuals while having fun.

The Alzheimer's, dementia day program contines to partner with the Sisters of the Precious Blood next door creating joint opportunities for both seniors with and without a developmetal disability to create freindships, mentoing and learn from each others unique talants. The day program has hosted seasonal celebrations, Holloween dances to Christmas lunchons. The program is always decorated by the individuals to reflect the seasons and special events.

The C.S.I. Transition Day Program

The C.S.I. Transition Day Program continues to grow in popularity with Individual's who are leaving the school system and want to make friends, learn new skills and/or enhance/maintain existing skills. Everyone looks forward to the Friday cooking class, where they prepare a recipes, go shopping for all ingredients, prepare the meal and then enjoy! A schedule of activities has been developed based on participant's interests and skills level.

Last year the program participants volunteered on Mondays at the Toronto Animal Services, other memorable outings include going to the Canadian Opera Company and the Museum of Contemporary Canadian Art.

The day program in collaboration with the respite program created a calendar for 2017 depicting the activities that the groups had participated in over 2016. Each program participant received a calendar as well as a collage that was personalized to that person.

Faith outreach and Community Development

Last year the Faith Outreach coordinator was able to connect individual living in long term care to visit local Churches and meet with ministers to help them reconnect with their faith community, as well as assisting and individuals in the community respite program to begin a volunteer position at St. Joseph's Church,

Based on a questionnaire that was developed last year (faith and spirituality questionnaire) where several individuals indicated an interest in a bible study type group the Faith outreach coordinator created a curriculum for potential program – teaching the virtues of kindness, forgiveness respect, generosity, patience and joy through discussing bible parables and creative activities – project based on responses from faith.

Mary Centre's Faith outreach coordinator participated in seven ShareLife presentations.

The Community Developer part of this position will partner with Individuals and families in the community who receive PASSPORT funding from the Ministry of Community and Social Services. Assisting Individuals and families in the development, coordination and excitation of a life plan designed to build self- esteem through positive connections in the community for individuals with more complex support needs.

Community Passport Development

Marianne Vico was seconded back into the position of Community Passport Developer in October of last year.

The Passport Community Developer connected with individuals who were significantly underutilizing their Passport funding, to provide them with resources, education, and creative ways to spend their allocation. Education sessions were facilitated for the community in collaboration with various developmental service agencies within the Region of Peel. The Passport Community Developer held a number of events, passport drop in sessions, and community resource fairs. The Passport Community Developer has been trained as a program facilitator for the "Safety for Independent Living" course, geared towards the individuals we support.

Peel

This has been a year of growth, change and challenge for the programs and the individuals we support through the Peel and SIL programs.

Community Passport Developer

Our Community passport developer Emma left in December to return to University to earn her Masters in Social Work. Marianne Vico was seconded to the position just in time for the release of new passport funds that saw several of the individuals supported by Mary Centre benefit from the funding and were able to participate in more community activities. Marianne was very welcomed by all the community partners.

Day Program

The day program in Peel is expanding from 3 days a week to 5 days. They are at capacity for the 3 days and will have at least 5 individuals in the 2 day expansion. In the past year they had one support worker leave and a new worker introduced to the program, bringing new skills and ideas for the day program curriculum. The program has now incorporated a volunteer component where our individuals are helping to prepare and serve meals at the local church with "lunch for the needy".

Transition and Long Term Care

The transition and long term care program is now supporting 30 individuals in 17 long term care homes in Peel. Ten of the individuals are now in receipt of Passports. Over the past year we have seen two of our younger individuals move to community group homes to live with their peer group.

Community Support

Community Support has been able to assist two individuals to volunteer as part of a group at St Margaret D'Youville making mattresses out of milk bags for third world countries. This has also been a benefit to the individuals in developing a social network, where they feel included. The

other benefit is that they are feel they are giving back to people who are less fortunate than they are.

Group Homes

The Aberdeen and Greenbriar homes have remained stable over the last year. The 2 men at Greenbriar continue with guy's night out and both regular and lawn bowling. All the individuals participate in day programs.

Supported Independent Living

Brampton SIL has seen the two gentlemen take their annual Caribbean vacation. Other individuals in the program have participated in Special Olympics and meddled in their events such as swimming, bowling, curling. Three of the residents are involved in volunteering in various settings from churches, long term care homes and serving food to the homeless.

The Woodbridge SIL saw one individual diagnosed with Cancer prompting a move to a long term care home to provide the 24 hour care identified by the Cancer Care Team from Princess Margaret. The one individual was able to secure part time work at Swiss Chalet and this continues to keep him busy.

Our Lady of Victory has seen one individual being successful in obtaining two paid part-time positions. One of the ladies has made a wonderful connection at the York West Senior with the knitting group, the ladies have included her in their outing for coffee. Another lady is participating in chair yoga and Zumba at York West.

One of our individuals was diagnosed with cancer for the second time and underwent surgery. Unfortunately she has had a third diagnosis of Cancer and will have to undergo another round of treatment.

Integrated Seniors Program

The integrated seniors program is supporting individuals going to the gym to maintain good health, participating in volunteer work at the food bank and attending a senior's social groups.