

ANNUAL REPORT

ANNUAL GENERAL MEETING JUNE 16, 2016

We would like to open this Report by expressing our well wishes and appreciation to the many individuals and families that continue to enable us, Mary Centre, to have the privilege of being a part of your lives. In addition, we would like to acknowledge all the dedicated employees and volunteers that provide the stable foundation within Mary Centre.

Mary Centre is fortunate to have the financial support from the province of Ontario through both the Toronto and Central West offices of the Ministry of Community and Social Services, the Ontario Ministry of Housing, Catholic Charities/ShareLife and our many committed donors. We thank you for your past support and look forward to our continued partnerships.

Our Board of Directors experienced the departure of Nicole Dehghan, but the addition of other outstanding people, so thank you and welcome. In addition, we welcomed some terrific new employees and volunteers.

The number of community partners Mary Centre is involved with continues to transform based upon the needs of both the community and the people we support. We will continue to look for opportunities that support our values, mission and enhance our services.

To assist us in our journey we have, this year, worked with the Barnes Management Group to assist us in developing our new Strategic Plan. More will be said about this at the Annual General Meeting. This will be a journey that will be extremely important for Mary Centre and everyone involved with us.

We are also pleased to acknowledge the work of National Graphics in the launch of our new website. Please, visit our site and offer any feedback.

In relation to our continued transformation the Board of Directors decided this year to actualize a dream that has existed for several years. To purchase a building that would house the administration responsibilities and allow for community involvement. This dream was possible as a result of a past bequest that outlined that one of the purposes of the bequest was to enable Mary Centre to make such a purchase. Therefore, in 2016 Mary Centre's administration office will be moving to 842 Wilson Ave. Once the renovations have been completed there will be an official launch of the new opportunities.

We also completed a significant survey of the people and families we support. The feedback we received is greatly appreciated and will be discussed during the Annual General Meeting. Thank you to everyone who participated.

This is a very exciting time for Mary Centre.

However, we would be amiss to not recognize a few 2015/16 points of interest and we thank each of the Directors, Denise Tremblett, Terry Elliott and Tracey Berman for their contributions to this Annual Report.

Toronto

In the Residential Programs the individuals have been busy with attending inclusive programs within the community. Over the past year many of our individuals have gone on vacations to the cottage, on a road trip through the USA, Niagara Falls and Ottawa. There were fishing trips, boating trips on the Lifts and Locks throughout Southern Ontario and many road trips to places such as Port Perry, Springvale, Peterborough and Bridge north where the individual went to classic car shows, zoos. One individual was able to join a German Club where he can go to enjoy cultural experiences. Some of the individuals went to see shows at the Princess of Wales Theatre. In the past year we have had many volunteers from St. Mike's Mamas who have come to help make our gardens beautiful. A few of the individuals went to the opening of the Pan Am games and attended many of the sporting events

All the individuals continue to attend their regular day activities at Bendale Acres, Warden Woods, Variety Village, Birchmount Community Centre, Senior Link, Fairfax Day Program and the Salvation Army Thrift Store. One of the individuals from Whitecap was able to get a job at a restaurant washing dishes. This allows him to have some extra spending money. Three individuals received money from the Huronia Settlement and were able to use the money to purchase items such as television, clothing, a new bedroom suite, a record player and a typewriter to mention a few items. The individuals who choose to participate in their faith communities continue to do so with the support of many members of their congregations.

The individuals at Leyton had their rooms painted and redecorated this past year. This was done with the assistance of one of the part time staff who has talents in painting and decorating.

Redcastle hosted several parties and BBQ's throughout the year. Whitecap had a birthday bash BBQ at the end of last summer. Isla had a big 75th birthday celebration in December 2015 which was a great success.

As the majority of the individuals in the Scarborough Group homes are aging, some of the individuals have had health issues throughout the year and with the support of the direct care workers they have received the medical attention needed.

East York SIL

The individuals in the East York SIL program have continued to work on their independent life skills and have applied to the DSO for passport funding. They hope to be able to use the funding to pay for golf lessons as well as other activities.

Overall their health has been good. One individual is seeing a dietician for his diabetes and had surgery in March due to an enlarged prostate. He has fully recovered.

All the individuals in the program completed a Celebration of Life package in order to document their wishes for funeral planning.

Integrated Seniors Program

The Meet Connect Support Participate Program has generated some interest and the individuals in the ISP program are continuing to engage with the community through leisure activities of their choosing such as fitness programs, community park walks through parks and rec, utilizing the public library and planning outings for this coming summer which are to include the zoo, Centre island and high park to name a few.

Community Support Program

The Community Support Program was able to expand and we welcomed a new individual in October of 2015. The individual is currently working on academic skills such as reading, writing and math skills such as making change. The skills will be utilized as the individual starts to plan community outings. Another individual has secured a volunteer job stacking shelves at Habitat for Humanity as well as planned his first independent vacation for this summer and will be spending a week at Shadow Lake. All the individuals are taking advantage of the warm weather and planning lots of outdoor activities for the summer.

Respite Programs:

One to One Respite Family Relief Providers Program –

This program continues to grow with the new passport funding from the Ministry of Community and Social Services. Individuals' and families are working with Mary Center's Direct Support Professionals to develop individuals plan to enhance their respite experience.

Mary Centre continues to match new Individuals to a skilled Direct Support Professionals who provides one to one respite support, guidance and supervision to individuals living at home or in the community with a caregiver. (Toronto and Peel Region).

Over the last year 4 individuals that Mary Centre has supported moved into permanent residential placements and no longer utilize our program. We wish them well in their new homes.

St. Bernard's out of home residential respite program –

Mary Centre's Out of home respite care program continues to be very busy. As part of Mary Centre's commitment to the community partnerships the respite care program supported three individuals through the "Urgent Response Process." With the support of the Mary Centre's

Direct Support professionals these three individuals are being supported while coping with some health concerns as well as developing skills that will assist them in their search for permanent housing.

The remaining three beds at St. Bernard's have been utilized by individuals and their families who continue to develop respite plans for the year to come. This program has seen a shift in utilization from the weekend being the high volume usage to Monday to Friday as the most popular respite dates.

The "Day Away Alzheimer's/Dementia" Day Program

This program is in partnership with North York Senior Centre and the Ministry of Health's Central Local Health Intergration Network, our Day Away Day Program focuses on providing an environment that is stimulating and caters to the personal growth of the individuals while having fun.

The Alzheimer's, dementia day program continues to partner with the Sisters of the Precious Blood next door creating joint opportunities for both seniors with and without a developmental disability to create friendships, mentoring and learn from each others unique talents. The day program has hosted "tea parties" while the sisters host BBQ in the backyard.

The C.S.I. Transition Day Program

The C.S.I. Transition Day Program continues to grow in popularity with Individuals who are leaving the school system and want to make friends, learn new skills and/or enhance/maintain existing skills. Everyone looks forward to the Friday cooking class, where they prepare a recipe, go shopping for all ingredients, prepare the meal and then enjoy! A schedule of activities has been developed based on participant's interests and skills level.

Faith outreach and Community Development

The faith outreach and community Development program is delighted to welcome Marianne Vico into this exciting role.

The Faith outreach continues to develop, connection with new Priests in parishes located around Mary Centre's programs. Mary Centre has completed an environmental scan of current faith/cultural needs within our programs to assist in connecting and or developing faith based opportunities within the community. Mary Centre has revamped the Faith outreach training for new and existing employees.

The community Developer part of this position will partner with Individuals and families in the community who receive PASSPORT funding from the Ministry of Community and Social Services. Assisting Individuals and families in the development, coordination and execution of a life plan designed to build self-esteem through positive connections in the community for individuals with more complex support needs.

AGM Report 2016

Community Passport Development

Emma Stansfield has been welcomed as the new Community Passport Developer, as

Marianne Vico transitioned into the position of Faith Outreach and Community Developer with Mary Centre

During the 2015-2016 fiscal year the Passport Community Developer connected with individuals who were significantly underutilizing their Passport funding, to provide them with resources, education, and creative ways to spend their allocation. Education sessions were facilitated for the community in collaboration with various developmental service agencies within the Region of Peel. The Passport Community Developer held a number of events, such as respite worker meet and greet evenings, passport drop in sessions, and community resource fairs. The Passport Community Developer has been trained as a program facilitators for the “Safety for Independent Living” course, geared towards the individuals we support. The Developer will be facilitate the course in Peel Region.

Our Transition and Long Term Care Program

Provides support to individuals as they transition into LTC and to those who presently reside there. Support is provided for 3 hours once or twice a week. With this support individuals are able to keep connected with their community. Develop new relationships, develop new skills and experience new opportunities. Activities vary from swimming, bowling, social groups, cooking classes, trips to the library and book stores, community centres, trips to the mall and much more.

One highlight or success this year was important for a particular individual. M.B is an individual who was resistant to change and very much set in his ways. However in working with Mary Centre great change has happened. M.B. has since been able to manage his anger better and accomplish several goals. He has added money to his TransHelp account and rejoined PAHA. He has gotten the appropriate care regarding his hearing. He has also visited the dentist which he hasn't done in over ten years and looks forward to follow up visits. M.B. has also purchased glasses required for him to see well. It is safe to say that with continued support from Mary Centre, M.B. is sure to progress and accomplish other goals he has set for himself.

Day program

The Peel Day program has continued to provide meaningful and engaging opportunities for growth and learning. This year saw various workshop series, including Health and Hygiene,

Money Management and Regulating Emotions. The individuals continue to attend the YMCA, library and other community events / activities on a regular basis. In addition, the program has increased its focus on literacy, numeracy and money skills. The participants and staff are currently working together to find an opportunity to volunteer as a group.

Community Support

The Community Support program has seen an increase in the number of individuals receiving ongoing support over the past year, from 16 to 22. The program continues to provide customized support to meet the needs of each individual, increasing their independence and community engagement. Several individuals have been supported in finding volunteer positions around the community, others have been successful in developing other life skills such as independently taking the bus, cooking meals for themselves, and learning how to keep themselves safe in the community.

The Community Support Program has also continued to enhance its partnership with the Peel Crisis Capacity Network. Over the past year we have supported 12 individuals in crisis who were referred by PCCN, and assisted in such areas as creating routines, learning coping strategies and developing connections within the community. The program continues to receive very positive feedback from PCCN.

Integrated Seniors

The Integrated Seniors Program supports several seniors one-to-one on a weekly basis to connect with peers and other social groups in the community. One individual recently retired after 40 years of work and the program is currently working to set up a meaningful week of activities for the individual to access independently. Another individual was connected with two volunteer positions and is becoming involved in a local musical group. A third is working to learn a difficult bus route to eventually be able to visit their mother in her nursing home every week independently.

Group homes

The individuals in the Brampton group homes continue to enjoy their homes and daily activities the Greenbriar guys participate in "Guys Night Out" and Lawn Bowling. They are busily planning for a summer camping experience.

We discovered that the home needed a new roof this year and this work is being done.

At Aberdeen the ladies participate in Friendship Group each week. This year we are addressing the changing needs of a resident who progressive Alzheimer's is requiring a higher degree of support both in her physical and personal care needs.

SIL's

SIL Programs have seen individuals enjoy vacations to the Caribbean again this year.

We were saddened with the passing of Alan at OLOV who succumbed to his battle with cancer. We welcomed a new resident to the program who comes with a strong support network.

The men and women we supported participated in many recreational events and a few were awarded Gold and Silver medals in the Regional and Nationals for Swimming, Bowling with Special Olympics. Congratulations!!

We continue to see our individuals participating in their community, making friends, teaching at day cares, or children's bible study group at their church, volunteering at senior's centres and enjoying the many opportunities to demonstrate their gifts and talents in their community.